

PSYCHOLOGICAL BARRIERS OF STUDENTS IN LISTENING TO ENGLISH LESSONS IN ONLINE LEARNING PROCESS

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Abstract

The aim of this study is to find out what are the psychological barriers faced by students of SMP Negeri 8 Palopo when listening to English lessons in the online learning process. Qualitative design with analytical description was the method used by the researcher. The population was the third-grade students at SMP Negeri 8 Palopo in academic year 2022/2023. This research used simple random sampling technique. In this case, the researcher chose two classes to distribute the questionnaire and eight people were selected from the questionnaire results to be interviewed. Instrument of this research was questionnaire and interview. The results of data analysis shows that students' psychological barriers when listening to English lessons in the online learning process are; students' perspective on English lessons, students feel anxious, less-interest in English, lack of concentration and lack of vocabulary and conversation skills. The research results that trigger the presence of psychological barriers to learning are learning methods and local support.

Keywords— *Psychological Barriers, Students, Listening to English Lessons*

INTRODUCTION

Education is a conscious and planned effort to provide guidance and assistance in developing children's potential both physically and spiritually given by adults to children to reach maturity and achieve the child's goal of becoming a man of faith, noble character, knowledgeable, creative, independent, who can be fostered and accepted in society. Education will provide learning experiences in formal, non-formal or informal education programs in schools. One of the former South African presidents named Nelson Mandela once said that the most powerful weapon to change the world is education. Therefore, education plays a very important role in human life. Humans who receive education are humans who always want to develop in a better direction. In addition, education is also able to shape the character and mindset of humans to face the times, especially in this era of globalization. The quality of education is influenced by several factors, one of which is the learning process.

The learning process is one of the important elements to achieve success in learning. In the learning process there is a transformation of knowledge and values. Students can understand the surrounding environment through learning and are able to show certain behaviors that are a reflection of their learning. The success of the learning process cannot be separated from the ability of teachers to develop learning models that are oriented towards increasing the intensity of student involvement effectively in the learning process. The right learning process basically aims to create learning conditions that allow students to learn actively and fun so that students can achieve optimal learning outcomes and achievements. A relatively permanent change in behavior that comes about through experience. That is, learning is not just an activity, but must bring about change. That is, learning is not just an activity, but

must bring about change. Thus, learning is basically a planned activity that conditions/stimulates a person to be able to learn well in accordance with the learning objectives.

As a science, psychology uses a systematic scientific method. The learning process is a branch of science that studies how individuals learn. Learning can be interpreted as a change in behavior that occurs through experience. All behavioral changes in the form of cognitive, effective, and psychomotor. As social beings, humans always interact and communicate with other people. The most effective medium for interacting and communicating is language. Language plays a very important role in human life, because in interacting and communicating, language must always be used. Communication can be done in various ways that are communicative, meaning that one party is the giver of information (communicator) to others and the second party is the recipient of information (communicate) so that they can understand each other. The form of language used can be in the form of spoken, sign or written. So important is language for human life, but rarely do humans understand the nature of language specifically. In fact, very few people realize the importance of language.

This happens because language is very close to human life so that humans consider it as something that must exist, such as breathing, eating and drinking. Language is generally used as a means of communication between the speaker and the speech partner. Language is also a medium of self-expression that can give the characteristics of a group. The use of language used by speakers often does not heed the politeness of language. This is often forgotten by speakers in speaking so that the speaker's language does not respect the speech partner. Speakers will be respected by their interlocutors if in communicating they can apply language politeness well.

LITERATURE REVIEW

1. Psychological barriers

Psychology comes from the Greek word psychology which is a combination of the words psyche and logos. Psyche means soul and logos means knowledge. Psychology is literally defined as the science of the soul. The term psyche or soul is still difficult to define because the soul is an abstract object, its form is difficult to see, although its existence cannot be denied. Muhibbin Syah (2001), psychology is a science that studies the open and closed behavior of humans both as individuals and groups, in relation to the environment. Open behavior is psychomotor behavior which includes the act of talking, sitting, walking, and so on, while closed behavior includes thinking, belief, feeling, and so on. Abdul Majid (2014:14) Psychological is the basis related to psychological aspects social life. This is based on the fact that in life, humans, both as individuals and as members of society, are faced with things that make their hearts uneasy and unsettled, so they need a grip on life. Fitrah (2014) psychology is a field of science and applied science that studies human behavior and mental functions scientifically.

According to Prawira, (2012) in Greek mythology, the psyche is described as a beautiful girl with butterfly wings which in terms of the soul can be interpreted as a symbol of immortality. But it is known that the term soul in Indonesian is often associated with mystical, mystical, and spiritual problems, therefore experts prefer to use the term psychology. Based on the above understanding, it can be concluded that psychology is the study of human behavior and mental processes. Psychology is also defined as the study of the nature, nature and life of the human soul. Barriers are obstacles or obstacles. Barriers have a very important meaning in carrying out a task or job. A task or work will not be carried out if there is an obstacle that interferes with the work. Barriers are conditions that can cause implementation to be disrupted and not carried out properly. Every human being always has obstacles in everyday life, both

from himself and from outside humans. Yani (2012:15) suggests that learning barriers are basically a symptom that appears in various types of behavioral manifestations. Symptoms of these obstacles are manifested directly in various forms of behavior. According to Oemar (1992:72), "Obstacles are everything that obstruct, hinder, hinders humans or individuals in everyday life that comes and goes, thus causing obstacles for individuals who live it to achieve goals".

Akhmad Nayazik and Sukestiyarno (2012) Barriers are things that contribute to difficulties in the learning and learning process, according to Moru that obstacles are something that hinders student learning. Based on the previous definition of barriers, it can be concluded that obstacles tend to be negative, i.e. slowing down the pace of something someone is doing. In carrying out activities there are often several things that hinder the achievement of goals, both obstacles in program implementation and in terms of development. Is a series of obstacles experienced by a person in learning. Definition of Psychological Barriers are conditions that can lead to the implementation of science that investigates and discusses open and closed behavior in humans, both as individuals and as groups, in relation to a disturbed and poorly implemented environment. Ardianto (2014:89) Within these psychological barriers are interests, prejudices, stereotypes, and motivations. While according to Drs. H. Abu Ahmadi (1992) Psychological barriers are conditions that can cause the implementation of science that investigates and discusses open and closed behavior in humans, both as individuals and groups, in relation to the environment that is disturbed and not carried out properly. Based on the opinion above it can be concluded that psychological barriers are science that investigates and discusses open and closed behavior in humans, both as individuals and as groups that have interests, prejudices, stereotypes, and motivations.

2. Listening

Listening is an activity that uses more attention, understanding, and appreciation in obtaining information to capture the content, messages, and meanings contained in the information conveyed through spoken language. Nurmala Hendrawaty (2019), Listening is the first skill and basic ability in learning a new language that beginners have to learn. It is a receptive skill meaning that the language learning beginners receive new words from what they have heard or listened to. The ability to receive will affect the ability to produce. If they are good at listening; as a result, they will understand and even have a good competency in productive skills namely speaking and writing. Based on several definitions above, it can be concluded that listening is one of the abilities of every human being who can be seen directly, but not all people in the world can listen to English except those who are indeed their native speaker or first language in English or involved in many language-learning activities, both inside and outside the language classroom and about listening skills are the ability to actively understand the information provided by the speaker, and display interest in the topic discussed. It can also include providing the speaker feedback, such as the asking of pertinent questions; so the speaker knows the message is being understood.

3. English Lessons

Language is a tool to express meaning that is realized through language words and vocabulary. This language plays an important role in human life. Language is increasingly functioning in the use of one's language, this can be seen from the quality and capacity of the vocabulary possessed. Yuhaitno (2010) Language is not really a science, it is a communication skill. A Chaedar Alwasilah (2008:14) Language is not just a sound that can be digested empirically. But also rich in non-empirical meaning. Linda Thomas & Shan Wareing (2007) Language is a system or rather (i.e. sound system, grammatical system, meaning system). And variations in language use are often also systematic. Siahaan (2008:7) explains that language is

one of human heritage that plays an important role in human life itself, such as in thinking, conveying ideas, and communicating with others. "Language is a unique human inheritance that plays the very important role in human's life, such as in thinking, communicating ideas, and negotiating with the others". From some of the definitions above, it can be concluded that language is a communication tool used by humans to convey messages from the sender of the message to the recipient. Learning a language does not grow by itself but requires interaction with other people. Children who grow up and are isolated from the social environment of their language will not develop. Humans have the ability to produce various sounds. These sounds are developed into meaningful symbols. English is a communication tool orally and in writing. While communicating is understanding and expressing information, thoughts, feelings, and developing science, technology, and culture. English is the official language of many Commonwealth countries and is widely understood and spoken. English is spoken in more countries in the world than any other language and of any other language. According to Kasihani (2001:43) English is the first foreign language that is considered important for the purpose of accessing information, absorbing and developing science, technology, art and culture as well as fostering relationships with other nations. Then according to Chodijah (2000:21) English learning is needed for all groups, both early and adult because English is an international language that must be known by all people. Not only understood and understood but English also must be mastered. From the statement above, it can be concluded that in language learning, whether it is a first, second, or foreign language, teaching the language component is part of the language program. Although teaching practice in the field takes place in an integrated manner, teachers and teacher candidates need to understand several important concepts related to the three components of language, Especially those concerning the English component and children have the ability to learn any language, including learning English as a foreign language. Meanwhile, according to the researcher, in the learning process there will be interaction between students and their environment. Thus, the learning process does not only occur between teachers and students but also with other sources such as media and materials and the importance of conscious efforts from teachers to make students learn, namely the occurrence of behavioral changes in students who are studying, where the change is obtained. new capabilities that apply in a relatively long time and because of effort.

METHOD

A. Research Design

In this research, the researcher applied a research qualitative design with analytical description method. Qualitative research is the collection, analysis, and interpretation of comprehensive narrative and visual (no numerical) data to gain insights into a particular phenomenon of interest (Gay, 2006). The purpose of using this method was provided more detail explanation, thus the final results of the research can be easier to understand.

B. Population and Sample

a) Population

The population taken was the third-grade students at SMP Negeri 8 Palopo in academic year 2022-2023. In third grade, there are 2 classes. Therefore, the total population are 30 students. The researcher chose the third-grade students because grade 3 students of SMP Negeri 8 Palopo have been doing online learning since the Covid 19 pandemic.

b) Sample

This research used simple random sampling because the sample taken of the population of this research used homogeneous population. In this case, the researcher only chose one of

three classes, as the sample of this research.

C. Time and Place of the Research

This research was conducted at the beginning in the even semester of the 2022/2023 academic year for a month. This research was conducted in the SMP Negeri 8 Palopo.

D. The Procedur of Data Collection

In this research, the researcher collected data by conducting interviews and giving questionnaire to the student to find out the psychological barriers of students in learning English listening in online learning at SMP Negeri 8 Palopo. The content of the questionnaire consisted of several questions about students' psychological barriers in learning English in online learning.

E. Research instrument

Study instruments were methods or equipment used by researcher to collect data so that work is simpler and findings were better, more cautious, more complete and more systematic. So, it's easier to process. The instruments of this analysis was drawn up on the basis of indicators for the operational description of variables. Questionnaire was data collection produce that was carried out by means of a written statement to the respondent to be replied. The questionnaire was an effective data collection tool if the researcher is sure to know the variables to be calculated and what can be expected from the respondents. In addition, the questionnaire is also appropriate to be used if the number of respondents is fairly high and distributed over a large area. The questionnaire used here is to find out the psychological barriers of students in learning English listening in online learning at SMP Negeri 8 Palopo. In order to collect data from the students, the researcher used the collecting of data from questionnaire that was fulfilled by the students' statements. The interview was a conversation between two or more people and takes place between the resource and the interviewer. In this research, the researcher conducted interview with students about psychological barriers in listening to English lessons in online learning.

F. Technique Of Analyzing Data

Questionnaire Based on statement of the problems What are the psychological barriers of students in listening to English lessons in online learning at SMP Negeri 8 Palopo, the researcher Classified all of the data that obtained from the questionnaire. Interview According to Miles, Huberman, and Saldana (2014) there are three types of analysis the data. Data collection takes place after the researcher conduct questionnaire and interviews. It consist of some information that is in accordance with the research. The objective of the data collection is to obtain a valid data so that this research will not be in doubt. Data condensation refers to the process of simplifying, selecting, focusing, and the transformation of the rough data that comes from the research activity. Data display is a presentation of structured information allows the possible withdrawal of several conclusions. It is because the research data requires some simplification without decreasing the contents. It will observe the whole picture or section if the data display is finish. Conclusion or verification is a final stage of the data analysis. In this stage, the researcher reveal the conclusion of the data that has been obtain. The purpose is to find the meaning from the collecting data by looking for the relation, similarities, and the differences. The conclusions can be done by suitability of the subject with the meaning of the basic concept of this research. The final conclusion not only occur.

FINDINGS

a. Students' point of view in English lessons

The first question is "Do you like learning English?" The first category of questions shows that almost all students like English lessons. This shows that some students have positive perceptions. According to researchers, this happens because English remains a different language from the students' point of view. The results of the interview regarding this statement can be seen as follows:

Extract 1

"Ya, saya suka belajar Bahasa Inggris"
"(Yes, I like learning English)" (P1: 08/02/2023)

Extract 2

"Iya saya suka belajar Bahasa Inggris"
"(Yes, I like learning English)" (P2: 08/02/2023)

Extract 3

"Ya suka karena Bahasa Inggris juga termasuk Bahasa internasional yang dapat memudahkan kita dapat berkomunikasi dengan orang luar"
"(Yes, I like it because English is also an international language which makes it easier for us to communicate with outsiders)" (P3: 08/02/2023)

Extract 4

"Saya suka belajar Bahasa Inggris"
"(I like learning English)" (P4: 08/02/2023)

Extract 5

"YA, SUKA!!!!"
"(YES, I LIKE IT)" (P5: 08/02/2023)

Not to mention the dominant answers that liked English lessons, three of the eight selected informants did not like English lessons, three of them had their own answers to answer the interview questions provided by the researcher. These answers can be seen below:

Extract 6

"Tidak, karena menurutku kak Bahasa Inggris itu salah satu pelajaran yang sulit kumengerti dalam pembelajaran karena salah satunya yang bikin susah dalam pengucapannya kak"
"(No, because in my opinion English is one of the subjects that is difficult for me to understand in learning, one that makes it difficult for me is the pronunciation)" (P6: 08/02/2023)

Extract 7

"Saya tidak suka belajar Bahasa Inggris"
"(I don't like learning English)" (P7: 08/02/2023)

Extract 8

"Saya tidak suka karena materinya membosankan"
"(I don't like it because the material is boring)" (P8: 08/02/2023)

This explains that many students like learning English, but they have many obstacles to learning it because according to them English is not their mother tongue or national language, but rather an international language that attracts attention. The explanation of the point of view regarding English lessons is also explained in the interview question from the second question, where from this question the students describe problems in English lessons and make several

answers that are contradictory to the first question. The second question is “Do you think learning English is difficult?” The results of the interview regarding this statement can be seen as follows:

Extract 2

“Bagi saya Bahasa Inggris itu sulit”

“(For me English is difficult)” (P2: 08/02/2023)

Extract 6

“Agak sulit salah satunya dalam pengucapannya yang paling penting.”

“(It's a bit difficult, one of the most important things is the pronunciation)”

(P6: 08/02/2023)

Extract 7

“Iya sulit, alasan saya tidak suka karena dimana Bahasa Inggris itu sangat susah di bagian cara membacanya.”

“(Yes, it's difficult, the reason I don't like it is because English is very difficult to read)” (P7: 08/02/2023)

There were 3 informants who answered that it was difficult and the explanation below explained that English is not so difficult but not so easy. The informants who answered this had their own reasons for their views on English. It can be seen that 5 answers from 8 informants answered that it was not easy but had reasons to like it.

Extract 1

“Beberapa materi memang membutuhkan pemahaman yang tinggi, juga perlupengaplikasian dalam kehidupan untuk benar-benar memahaminya. Namun, disamping itu menurut saya belajar Bahasa Inggris itu mudah dan menyenangkan karena saya menyukainya.”

“(Some material does require a high level of understanding, and also requires application in life to truly understand it. However, apart from that, I think learning English is easy and fun because I like it)” (P1: 08/02/2023)

Extract 3

“Menurut saya, Bahasa Inggris tidaklah mudah tetapi tidak juga sulit. Ini tergantung dari pengimbangan dan pemahaman masing-masing orang”

“(In my opinion, English is not easy but not difficult either. This depends on each person's balance and understanding)” (P3: 08/02/2023)

Extract 4

“Bahasa Inggris tidaklah mudah, tetapi jika kita dapat memahami materi dengan baik maka kita akan dapat memahaminya dengan baik”

“(English is not easy, but if we can understand the material well then we will be able to understand it well)” (P4: 08/02/2023)

Extract 5

“Sejujurnya, Bahasa Inggris itu nda sulit ji. Kalau mau ki belajar.”

“(To be honest, English is not difficult. If you want to learn.” (P5: 08/02/2023)

Extract 8

“Tergantung materinya”

“(Depends on the material)” (P8: 08/02/2023)

b. Students feel anxious

Based on the questionnaire filled out by students at point 1 on student feeling anxious, there were 8 students who chose 'agree', 6 students who chose 'strongly agree', 7 students who were 'neutral', 7 students who chose 'disagree', and 2 students who chose 'strongly disagree'. . This shows that many students experience anxiety when taking part in online learning, supported by the second question that students have also experienced stress since the start of online learning which explains that 3 students chose 'agree', 11 students chose 'strongly agree', 11 students were 'neutral', 2 students 'disagree', and 3 students chose 'strongly disagree'.

Extract 3

“Masalah umum yang menjadi faktor hilangnya konsentrasi seseorang dalam belajar yakni, stress atau kecemasan bisa juga diakibatkan oleh rasa ngantuk Ketika mengikutipembelajaran online”

“(A common problem that is a factor in a person's loss of concentration in studying is stress or anxiety which can also be caused by feeling sleepy when taking part in online learning)”

(P3: 08/02/2023. Q : No. 5)

c. Learning Methods

Learning methods also have a big influence on students' concentration in the learning process, therefore this research produces data that the material delivered by teachers online is delivered well and is easy to understand, showing 'neutral' numbers, namely 12, 'disagree' 6, 'Strong Agree' 8, 'agree' 2 and no one voted 'strong disagree'. Apart from that, learning methods also have an influence on teachers who actively inspire them by finding new and innovative teaching strategies. With this the researcher also presented similar questions with an average result of 12 who chose 'agree', 9 'strongly agree', 4 'neutral', ' disagree' 4 and 1 who chose 'strongly agree'.

Extract 5

“Permasalahannya itu kak, metode pembelajarannya yang nda efisien. menurutku sih pintar berbahasa inggris itu dipengaruhi oleh lingkungan. Nah kalau didalam kelaski terkadang Bahasa daerahji ananak kak.”

“(The problem is that the learning method is not efficient. In my opinion, being good at speaking English is influenced by the environment. Well, in class, sometimes it's your child's regional language, sis)” (P5: 08/02/2023. Q: no.3)

Extract 7

“Masalah yang mempengaruhi yaitu saya sulit untuk mengaplikasikan atas materi yang telah di bagikan oleh guru”

“(The problem that affected me was that it was difficult for me to apply the material that had been distributed by the teacher)” (P7: 08/02/2023. Q: No. 3)

Extract 2

“Dalam belajar daring saya terkadang tidak mengerti penjelasan yang disampaikan oleh guru terutama dalam bentuk voice note”

“(When studying online, I sometimes don't understand the explanations given by the teacher, especially in the form of voice notes)” (P2: 08/02/2023. Q: No. 4)

Extract 6

“Saya pribadi agak susah menerima pembelajaran jika tidak dilakukan dengan tatap muka langsung”

“(Personally, it's a bit difficult for me to accept learning if it's not done face to face.)”

(P6: 08/02/2023. Q: No. 4)

Extract 8

“Tidak efisien karena belajar daring sangat berbeda apabila kita belajar secara langsung”

“(It is inefficient because studying online is very different from studying in person)”

(P8: 08/02/2023. Q: No. 4)

Extract 4

“Suara guru yang terlalu kecil sehingga tidak dapat terdengar dengan jelas”

“(The teacher's voice is too small to be heard clearly)” (P4: 08/02/2023. Q: No. 5)

Extract 7

“Apabila suatu atau mentor hanya menjelaskan namun kurang aktif dalam metode mengaplikasikan untuk memberikan kepada siswanya untuk dipraktikkan”

“(If a mentor only explains but is less active in applying the method to give it to his students to practice)” (P7: 08/02/2023. Q: No. 5)

Extract 3

“Yakni pengoprasian aplikasi pembelajaran, keterbatasan kuota internet, sumber atau materi pembelajaran tidak lengkap, komunikasi yang kurang baik dengan guru dan masih banyak lagi”

“(Namely operating learning applications, limited internet quota, incomplete learning resources or materials, poor communication with teachers and many more)” (P3: 08/02/2023. Q: No. 4)

d. Lack of Local support

Support from people around you, such as parental support, is very influential in the student's learning process. This makes students more enthusiastic in participating in the learning process. However, apart from support from people around you, having motivation to learn also needs to be present in the students themselves.

Extract 1

“Saya tidak mengalami kendala yang berarti dalam belajar daring selain kendala dalam hal kestabilan signal di tempat saya”

“(I did not experience any significant obstacles in studying online apart from problems regarding signal stability at my place)” (P1: 08/02/2023. Q: No. 4)

Extract 7

“Kendala saya yaitu jaringan didesa saya biasanya sulit untuk di prediksi bagus tidaknya jaringan”

“(My problem is that the network in my village is usually difficult to predict whether the network is good or not)” (P7: 08/02/2023. Q: No. 4)

What makes you lose concentration in listening to online learning? (Apa yang membuat Anda kehilangan konsentrasi dalam mendengarkan pembelajaran online?)

Extract 1

“Baik itu belajar online ataupun offline, saya hanya punya satu kendala yakni tidak bisa berkonsentrasi dalam suasana bising atau ramai. Ketika belajar, saya selalu butuh suasana tenang dan damai.”

“(Whether it's studying online or offline, I only have one problem, namely not being able to concentrate in a noisy or crowded atmosphere. When studying, I always need a calm and peaceful atmosphere)” (P1: 08/02/2023. Q: No. 5)

Extract 2

“Hal yang membuat konsentrasi saya dalam mendengarkan pembelajaran online adalah banyaknya gangguan dari lingkungan sekitar terutama pada handphone”

“(The thing that makes me concentrate when listening to online learning is the many distractions from the surrounding environment, especially cellphones)” (P2: 08/02/2023. Q: No. 5)

Extract 5

“Handphone kak, karena kalau online ki tidak dipantau jki sama guru bilang main hp atau tidak”

“(Sis, my cellphone, because when you're online, the teacher doesn't monitor whether you're playing on my cellphone or not)” (P5: 08/02/2023. Q: No. 5)

Extract 6

“Kadang koneksi internet yang kurang bagus dan membuka aplikasi diluar pembelajaran”

“(Sometimes the internet connection is not good and you open applications outside of learning.)” (P6: 08/02/2023. Q: No.5)

Extract 3

“Yakni pengoprasian aplikasi pembelajaran, keterbatasan kuota internet, sumber atau materi pembelajaran tidak lengkap, komunikasi yang kurang baik dengan guru dan masih banyak lagi”

“(Namely operating learning applications, limited internet quota, incomplete learning resources or materials, poor communication with teachers and many more)”

(P3: 08/02/2023. Q: No. 4)

e. Lack of interest

Based on the questionnaire, there were 4 students who chose 'agree', 4 'strongly agree', 6 'neutral', 14 'disagree' and 2 'strongly disagree' out of 30 students who chose the statement. These figures show that students have several problems in online learning, as evidenced by the results of the questionnaire regarding the statement that "Not afraid to take part in online learning even though they don't understand the lesson" so that many students choose to disagree with the statement in point 1. They chose this, perhaps because the activity of listening to English lessons in online learning was difficult to understand, making students afraid to take part in the lesson. This is supported by the answer to point 2 with the statement "online learning is fun" where there were 7 students who chose 'agree', 6 'strongly agree', 7 'neutral', 8 'disagree' and 2 'strongly disagree' out of 30 students who filled out the questionnaire stated that 8 students chose to disagree with the statement that online learning is fun.

Extract 4

“Membuka aplikasi lain selain aplikasi pembelajaran”

“(Open applications other than learning applications)” (P4: 08/02/2023. Q: No. 4)

Extract 5

“Ngantuk, nda seru, tidak interaktif sama gampangki bosan kak”

“(Sleepy, not fun, not interactive and easily bored sis)” (P5: 08/02/2023. Q: No. 4)

Extract 8

“Ngantuk karena apabila daring kita hanya sendiri dan tidak ada temang untuk berdiskusi”

“(Sleepy because when we study online we are alone and have no friends to discuss with)”

(P8: 08/02/2023. Q: No. 5)

Extract 6

“Kadang koneksi internet yang kurang bagus dan membuka aplikasi diluar pembelajaran”

“(Sometimes the internet connection is not good and you open applications outside of learning.)” (P6: 08/02/2023. Q: No.5)

Extract 3

“Masalah umum yang menjadi faktor hilangnya konsentrasi seseorang dalam belajar yakni, stress atau kecemasan bisa juga diakibatkan oleh rasa ngantuk Ketika mengikutipembelajaran online”

“(A common problem that is a factor in a person's loss of concentration in studying is stress or anxiety which can also be caused by feeling sleepy when taking part in online learning)”

(P3: 08/02/2023. Q : No. 5)

However, the obstacles that emerged after the interview question in point 3 was carried out by the researcher were: What problems affect your understanding of learning English as a student?, the problems described by the students' answers are lack of vocabulary, conversation skills, lack of ability to understand tenses and their use, difficulty translating, lack of self-confidence and limited study time.

Extract 1

“Saya tidak terlalu mengalami masalah dalam pembelajaran saya selama ini selain kurangnya kosakata dan kurangnya kemampuan saya dalam conversation level menengah keatas.”

“(I haven't really experienced any problems in my learning so far apart from my lack of vocabulary and my lack of ability in upper-intermediate level conversations)”

(P1: 08/02/2023. Q : No. 3)

Extract 2

“Saya kurang mampu dalam memahami tenses beserta penggunaannya”

“(I am not able to understand tenses and their use.)” (P2: 08/02/2023. Q : No. 3)

Extract 3

“Ada beberapa kesulitan dalam belajar Bahasa inggris seperti kurangnya rasa percaya diri, keterbatasan waktu belajar, kurangnya hafalan kosa kata, kesulitan dalam pelafalan dan merasa sulit dalam menerjemahkan”

“(There are several difficulties in learning English such as lack of self-confidence, limited study time, lack of memorizing vocabulary, difficulty in pronunciation and finding it difficult to translate)” (P3: 08/02/2023. Q : No. 3)

Extract 4

“Kesulitan dalam pelafalan atau pengucapan dan kurangnya kosa kata yang diberikan”

“(Difficulty in pronunciation or pronunciation and lack of vocabulary provided)” (P4: 08/02/2023. Q : No. 3)

Extract 6

“*Kalau disekolah saya kurangnya pemberian kosa kata dan pelatihan pengucapan dalam Bahasa Inggris.*”

“(At school I lacked vocabulary and pronunciation training in English)” (P6: 08/02/2023. Q : No. 3)

Extract 8

“*Kekurangan kosakata*”

“(Lack of vocabulary)” (P8: 08/02/2023. Q : No. 3)

and the last question, namely what do you expect in English lessons in the online learning process? This question contains suggestions and input from students who were selected as informants for the results of this research for the continuation of English language learning that will be undertaken, especially on learning methods which greatly influence the student learning process.

Extract 1

“*Saya harap dengan belajar Bahasa Inggris secara online mampu meningkatkan kemampuan dan pemahaman saya dalam teori serta bagaimana cara bercakap yang baik dan benar dalam Bahasa Inggris.*”

“(I hope that by learning English online I can improve my abilities and understanding in theory and how to speak well and correctly in English)” (P1: 08/02/2023)

Extract 2

“*Saya ingin memahami penjelasan guru dengan baik jadi saya berharap cara menyampaikan pembelajaran juga mudah dipahami*”

“(I want to understand the teacher's explanation well so I hope the way the lesson is delivered is also easy to understand)” (P2: 08/02/2023)

Extract 3

“*Harapannya saya bisa fasih dalam berbicara dan berkomunikasi dalam Bahasa Inggris dan mengasah kemampuan saya dalam mengenal banyak kosa kata baru*”

“(The hope is that I can be fluent in speaking and communicating in English and hone my skills in recognizing lots of new vocabulary)” (P3: 08/02/2023)

Extract 4

“*Harapannya, guru dapat menjelaskan materi dengan jelas agar dapat dipahami dengan baik dan dapat membuat pembelajaran lebih menarik*”

“(The hope is that teachers can explain the material clearly so that it can be understood well and can make learning more interesting.)” (P4: 08/02/2023)

Extract 5

“*Harapanku saya kak, untuk bapak dan ibu guru mohon di perbaiki metode belajarnya. Contoh, budayakan berbahasa Inggris dilingkungan sekolah karena kan Bahasa Inggris itu Bahasa dunia. Ituji sih kak kalau saya.*”

“(My hope is for teachers to improve their learning methods. For example, cultivate English in the school environment because English is a world language. That's the test, bro)” (P5: 08/02/2023)

Extract 6

“Baik kak harapan ku semoga guru yang mengajar dapat memaparkan materi secara jelas dan tepat dan membuat system belajar yang seru dan tidak membosankan agar mudah di pahami oleh siswa baik itu dalam bentuk online maupun offline”

“(Well, my hope is that the teachers who teach can explain the material clearly and precisely and create a learning system that is fun and not boring so that it is easy for students to understand, both online and offline)” (P6: 08/02/2023)

Extract 7

“Harapan saya kedepannya dalam pelajaran Bahasa Inggris dalam proses pembelajaran online yaitu bagaimana suatu Lembaga, komunitas, guru atau mentor untuk mengedepankan yang namanya gaya belajar kinestetik, yaitu gaya belajar yang lebih menekankan praktik langsung atas apa yang sedang dipelajari. Itu harapan saya”

“(My hope for the future in English lessons in the online learning process is for an institution, community, teacher or mentor to prioritize what is called a kinesthetic learning style, namely a learning style that emphasizes direct practice over what is being studied. That's my hope)” (P7: 08/02/2023)

Extract 8

“Harapan saya agar lebih efisien menggunakan metode yang membuat siswa tidak bosan mendengarkan apa yang di jelaskan.”

“(My hope is to be more efficient in using methods that prevent students from getting bored of listening to what is being explained)” (P8: 08/02/2023)

f. Lack of concentration

Something that might affect students' ability to focus. Low student concentration will result in substandard work results. When certain circumstances interfere with a student's concentration, that concentration may be immediately disrupted. Based on the questionnaire given to students, there are several factors that can influence students, especially when understanding lessons in online learning.

DISCUSSION

In this section, researchers analyze and explain in more detail the results of the data found and correlate these results with several theories. The discussion section reveals findings related to the psychological barriers faced by students in listening to English lessons in the online learning process. Discussion of findings related to research by researchers. Based on the findings of the student questionnaires and interviews, the researcher gathered information to categorize the conclusions drawn from the responses.

Students' Difficulties in Listening to English Lessons

Researchers found various difficulties and psychological barriers in learning English during the online learning process experienced by junior high school students in this study. The diverse views of students in English lessons, less effective learning methods, lack of concentration, students feeling anxious, low self-motivation, lack of local support, less interest, difficult accents and lack of vocabulary pronunciation are some of them. This section appears to discuss what is in the findings. As previously explained, in this study there are research questions, so this section will explain these research questions. Students' psychological barriers in listening to English lessons in the online learning process. Based on the research questions, researchers distributed questionnaires and conducted interviews with students. Giving questionnaires to students was carried out to filter students' opinions which led to the

researcher's interview questions. Meanwhile, interviews were conducted to find out what obstacles students experienced during the learning process. From the results of questionnaires and interviews, researchers found various psychological barriers in listening to English lessons in the online learning process. From the results of giving questionnaires to students, it can be concluded that during the online learning process students predominantly felt they had psychological barriers in learning. English which were inefficient during the online learning process, as evidenced by student answers to interview questions, several students felt anxious about the lack of vocabulary and conversation skills in English lessons. The findings of this research are consistent with Ratih Nindia Prihantini's research in 2019, which showed that students' psychological barriers in the Islamic Religious Education learning process at SMA Negeri 6 Metro were several results that showed students' lack of self-confidence, causing these students to not believe that they could and can get grades, lack of motivation causes students to become weak, student intelligence, lack of student interest which influences learning activities, if there is no motivation this will interfere with effectiveness in learning activities, students' lack of attitude will be an obstacle in the process Study. The results of this research play an important role in strengthening existing research results and also discovering new things that have not been discovered by previous researchers, namely;

1. Learning Methods

This can be seen from students' answers during interviews. The question was "What issues influence your understanding of learning English as a student?"

"The problem is, sis, the learning method is not efficient. In my opinion, being good at speaking English is influenced by the environment. Well, in class, sometimes it's your child's regional language, sis". The student said that "If a mentor only explains but is not active enough in applying the method to give it to the student to practice," this means that the student has not been able to adapt the learning method used by the teacher to his ability to learn English.

2. Lack of concentration

This can be seen from students' answers during interviews. The question "What makes you lose concentration when listening to online learning?"

"A common problem that causes a person's loss of concentration in studying is that stress or anxiety can also be caused by feeling sleepy when taking part in online learning."

3. Lack of Local support

This can be seen from the students' answers in the interviews below. The question is "What are your obstacles in studying online?"

"Cellphone, sis, because if you're online, the teacher won't monitor whether you're playing on your cellphone or not."

the difference between this research and previous research (Ratih Nindia Prihantini, 2019), my research is online learning while the previous research is offline, the previous research is about religious learning while my research is about English learning and the last is the previous research examines strategies, while I want to know students' psychological barriers to learning and the similarities are by examining students' psychological barriers to learning. So that English language lessons in online learning run as expected, students want to improve their ability to understand theory, as well as how to speak well and correctly in English, want to hone their ability to recognize lots of new vocabulary, improve learning methods and cultivate English in the school environment. , more efficient in presenting material clearly and precisely and creating a learning system that is fun and not boring so that it is easy to understand, thus making lessons more interesting for students both offline and online. Students also want

institutions, communities, teachers or mentors to prioritize the kinesthetic learning style, namely a learning style that emphasizes direct practice of what is being studied. This statement is completed by the students' answers to the researcher's final question.

CONCLUSIONS

The aim of this research is to find out what psychological barriers faced by students at SMP Negeri 8 Palopo when listening to English lessons in the online learning process. There are several psychological barriers experienced by students, including: students' perspective in English lessons because they think English lessons are difficult, students feel anxious, learning methods, local support lack of vocabulary, conversation skills, lack of concentration and lack of interest in English lessons because they think English lessons are difficult. It is important to note that the psychological barriers students face in listening to English lessons do not only come from the students themselves but also from the teacher's learning methods and surrounding support. We need to know this because it is very influential in the student learning process. To increase their understanding and interest, students must change their initial perspective about English and discuss with the teacher what obstacles students face. Efforts to overcome students' psychological barriers in listening to the learning process include knowing the symptoms of learning difficulties, examining or determining student status, estimating the causes of students' psychological barriers, and making improvements. In overcoming psychological barriers, students certainly have obstacles, namely student nature factors, family factors which are the main source of a child's education, school factors, environmental factors and individual behavior.

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