Interpretive Study On The Development Of Petanque Sports Athletes in Central Java

Witri Suwanto¹, Rizki Hazazi Ali², Rahmat Putra Perdana³, Putra Sastaman Bustamin⁴, Rubiyatno⁵, Dody Tri Iwandana⁶

¹,² Pendidikan Jasmani / Universitas Tanjung Pura / West Kalimantan / Indonesia
³,⁴,⁵ Pendidikan Kepelatihan Olahraga / Universitas Tanjung Pura / West Kalimantan / Indonesia
⁶ Ilmu Keolahragaan / Universitas Mercu Buana / Yogyakarta / Indonesia

¹,² Jl. Prof. Dr. H. Profesor Dokter H. Hadari Nawawi, Bansir Laut, Kec. Pontianak Tenggara, Pontianak City, West Kalimantan 78124
³ Jl. Raya Wates-Jogjakarta, Karanglo, Argomulyo, Kec. Sedayu, Bantul Regency, Special Region of Yogyakarta, 55752
⁴,⁵ Jl. Raya Wates-Jogjakarta, Karanglo, Argomulyo, Kec. Sedayu, Bantul Regency, Special Region of Yogyakarta, 55752

¹witri.suwanto@fkip.untan.ac.id, ²rizki.hazazi@fkip.untan.ac.id, ³rahmatputaraperdana@fkip.untan.ac.id,
⁴putrasastaman@fkip.untan.ac.id, ⁵rubiyatno@fkip.untan.ac.id,
⁶dodytriiwandana@mercubuana-yogya.ac.id

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ABSTRACT
The purpose of this study was to determine the Interpretive Study of the Development of Petanque Sports Athletes in Central Java. This research uses interpretive qualitative research. The sampling technique used in this research is purposive sampling or sampling purpose. There are three main data collection techniques in descriptive research, namely observation, interviews, and document analysis. The analysis in this study was carried out in four stages, namely: The stages of data collection, data reduction, data presentation, and conclusion drawing. From the results of the study, it can be concluded that the development of Petanque sports achievements is managed by each branch of the Central Java Indonesian Petanque Sports Federation (FOPI). So far there has been no special coaching related to talent search for early childhood development other than activities carried out on the UTP campus, UNNES, and extracurricular activities in schools such as elementary, junior high, and high school. The training camp in Semarang is still only carried out when approaching the multi-event by selecting outstanding athletes from each branch manager.

Keywords: Interpretive Studies; Athlete Development; Petanque Sports.

INTRODUCTION

Sport has a very important and strategic role in efforts to form and improve the quality of human resources for development (Iwandana et al., 2021). Sport is considered important to support the formation of character and personality, discipline, and high sportsmanship, as well as increasing achievements that can generate a sense of pride and national unity (Tarigan et al., 2021). Sport has another equally important role, namely to
form a complete human being physically and mentally (Iwandana et al., 2018). Sports are generally divided into several types, including (1) recreational sports, namely sports that are carried out only to fill spare time, just to have fun, and relax, and are carried out informally, both in terms of facilities and regulations. (2) Educational sports, namely sports to educate such as sports that are carried out in schools are enabled by sports teachers which aim to educate and shape the character of students from an early age. (3) Achievement sports for the achievement of achievement as the ultimate goal.

A person's goals for doing sports activities are different, there are many choices in doing sports, and of course, the choice depends on the interests of each individual. Actively participating in sports means training yourself to improve the quality of various aspects needed to exist amid an increasingly dynamic society. Awareness of the strategic meaning of sports must be manifested through development planning that favours the advancement of sports as a whole. It must be comprehensive because the sport has various potentials that contain a spirit and strength to build because it is a sense of spirit from a long process of development (Triprayogo et al., 2020).

Petanque sport is one of the new sports in Central Java that is developing. Petanque is a sport that originated in France (Suwiwa, 2015). Petanque is a form of boules in which the goal is to throw an iron ball as close as possible to a wooden ball called a jack and the feet must be in a small circle (Juhanis et al., 2017). This game is usually played on hard ground but can also be played on grass, sand, or other ground surfaces (Saputra et al., 2019).

The development of the sport of Petanque in Indonesia can be said to be quite rapid. The sport of Petanque became known in 2011 together with the formation of the Executive Board of the Indonesian Petanque Sports Federation (PB FOPI), which is the parent organization of Petanque in Indonesia. Only with a duration of 1 year, FOPI Central Java has had more than 13 Pemkab (Regency Administrators) scattered in almost every district. Petanque sport is one of the new sports that is quite promising because the total number of numbers being contested is quite large (Rony Muhamad Rizal, Moch Asmawi, 2020). 1 athlete can compete in 4 events, and that means 4 medals can be contested. From an economic point of view, this is a very profitable thing.

From a cultural point of view, the game Petanque is almost the same as the game of marbles that has been attached and is often played by Indonesian children, especially in Central Java. Seeing this directly or indirectly, the Provincial Pengprov FOPI of Central Java succeeded in socializing the sport of Petanque to the public. And that means the
selection of a good socialization model is the most important element to develop and introduce new sports in an area. These elements are the spearhead in the socialization strategy of certain sports.

METHOD

This study uses interpretive qualitative research because the data generated is descriptive in the form of written and spoken words from people, observed behaviour through direct observation, interviews, and document analysis, thus this study focuses on more complex sentences. deep, detailed, and complete. Qualitative research aims to maintain the form and content of human behaviour and analyze its qualities (Sugiyono, 2016).

The sampling technique used in this research is purposive sampling or sampling purpose. In this case, the researcher chooses informants who are considered to know and can be trusted to be data sources who have in-depth truth and knowledge (Suharsimi, 2013). However, the selected informants can show other informants who are considered more knowledgeable. There are three main data collection techniques in descriptive research, namely observation, interviews, and document analysis. The analysis in this study was carried out in four stages, namely; The stages of data collection, data reduction, data presentation, and conclusion drawing.

RESULTS AND DISCUSSION

Results of observation and documentation interviews with the Daily Chair of the Indonesian Petanque Sports Federation (FOPI) Central Java

“We refer to the work program that has been prepared. The work program became the basis for developing the sport of Petanque in Central Java. One of the work programs is holding socialization and various Petanque events or competitions, socialization is held in various places. We also organize Petanque referee and coach training. Regional matches are also often held as a form of developing the sport of Petanque.” (Excerpt from interview SH. 23 May).

"To develop the sport of Petanque, we hold training and education for referees and coaches. The purpose of this activity is so that later in each region or province there will be people who are competent in disseminating or developing the sport of Petanque."

(Excerpt from interview SH. 23 May).
In the interview, it can be analyzed that the Central Java Provincial Government continues and is more active in socializing Petanque sports to the people of Central Java by holding Education and Training (DIKLAT) and Training of Trainers held at the State University of Semarang, for two days which includes material and practice which was attended by 60 participants from several elements of students, teachers, and lecturers.

The Provincial Pengprov of the Indonesian Petanque Sports Federation (FOPI) of Central Java is very creative, in addition to forming management at the district level to explore the potential of athlete resources, the Provincial Pengprov is also actively organizing provincial-level minimum match events including the anniversary of the Indonesian Petanque Sports Federation (FOPI) Central Java and the Central Java Province. This has succeeded in boosting the enthusiasm of the athletes to continue practising and making achievements.

Results of interviews, observations, and documentation with the administrators of the Indonesian Petanque Sports Federation (FOPI) Central Java

“Central Java Pengprov developing Petanque sport is not only enough to hold tournaments, but the Central Java Pengprov Petanque management is also trying to socialize and develop Petanque sport to regions and all levels of society in Central Java Province. The Chairperson of the Provincial Board of the Indonesian Petanque Sports Federation (FOPI) Central Java does not stop developing and socializing Petanque Sports
to each region (outside area) in the stage of development efforts. Petanque sport has grown rapidly in various regions or districts” (Excerpt from interview GR. 25 May)

“Central Java Provincial Government now has Petanque sports management, including the Regencies of Semarang, Kudus, Jepara, Surakarta, Kebumen, and others. Meanwhile, the Central Java Provincial Government has 21 Pengcab Managers who will help to socialize the Petanque sport to the people of Central Java to develop. In addition, the Java Provincial Government is trying to develop the sport of Petanque for Pemcab-Central Java to create a Petanque club as a venue for coaching or recruiting Central Java Petanque Athletes towards the upcoming event” (Excerpt from interview GR. 25 May).

From the results of these interviews, it can be analyzed that the Provincial Board of the Indonesian Petanque Sports Federation (FOPI) Central Java has prepared various programs to foster outstanding athletes. One of the programs made is to carry out joint coaching by holding joint training between clubs in each Indonesian Petanque Sports Federation (FOPI) Regional Head in Central Java and holding inter-club matches and a regional club named (Kejur Prov). Every Petanque athlete in Central Java Province carries out achievement coaching in their respective clubs, Pengprov provides coaching facilities such as match licensing, holding events, selection, controlling, and providing minimal support.

![Figure 2. Socialization with Teachers of Physical Education Semarang Regency (Source: Central Java FOPI Document)](image-url)
The Indonesian Petanque Sports Federation (FOPI) of Central Java only provides special coaching or training centres (TC) to athletes who are selected to take part in national or international championships who will later represent or carry the name of Central Java Province. The championship is a routine program for the regional selection of the Indonesian Petanque Sports Federation (FOPI) Central Java as a regular participant in the implementation of national championships such as the PON exhibition championship, Petanque open, Student National Championships, and international championships.

The Indonesian Petanque Sports Federation (FOPI) of Central Java always supervises or controls the achievements of Central Java Petanque athletes, starting from their interests, talents, achievements, rankings, and the development of existing human resources. Before conducting the training center, the Pengprov Indonesian Petanque Sports Federation (FOPI) Central Java conducted a selection of all Petanque athletes in Central Java Province, the selection of these athletes was based on the National ranking obtained as well as the quality and quantity of athletes. Each athlete sent by Pengcab was individually collected and selected at the Pengprov in Semarang, from this selection, truly qualified athletes were found to be representatives of the Pengprov FOPI Central Java. With the coaching that has been carried out by the Central Java Provincial Government, it has managed to score many achievements. The achievements of Central Java Petanque athletes cannot be doubted. Several times participating in national and international events, Central Java Petanque athletes often get medals.

Not only athletes who are fostered by the Provincial Pengprov of the Indonesian Petanque Sports Federation (FOPI) Central Java, but also other human resources such as coaches who foster athletes to get achievements in various regional, national, and international championships. Without a competent and qualified coach, the achievements of Petanque athletes will never be able to develop in terms of achievement. The coach is one of the most important components in terms of fostering Petanque sports achievements. The central and provincial administrators of the Indonesian Petanque Sports Federation (FOPI) of Central Java often hold training or upgrading of referees and send qualified coaches to attend training abroad to obtain an international trainer certificate. Based on the results of interviews and observations, several Petanque trainers in Central Java Province have obtained provincial, national and international licenses.

Coaching is one of the efforts made to develop sports achievement (Friska Sari Gracia Sinaga, 2020). Coaching is not always focused on athletes, other human resources...
also need to be fostered, such as coaches, referees, and administrators to get good quality as a means of developing sports (Nugroho et al., 2021). The process of recruiting and coaching athletes is one of the processes to create athlete regeneration that will continue the sustainability of a sport. Not only the continuity of the sport but also a continuation of the tradition to excel through sports.

Achievements are realized through a development that is neatly arranged starting with good organization, coaching, and management. Petanque as a new sport has a fairly large opportunity to develop when viewed from the aspect of infrastructure that is easy, cheap, and without having to provide specifically. Petanque sport has a more interesting value, namely in terms of the number of numbers being competed. Petanque sports compete in a total of 11 events and that means a lot of medals are up for grabs.

CONCLUSIONS AND SUGGESTIONS

The development of Petanque sports achievements is managed by each branch manager of the Central Java Indonesian Petanque Sports Federation (FOPI). So far there has been no special guidance related to talent search for early childhood development other than activities carried out on the UTP campus, UNNES, and extracurricular activities in schools such as elementary, junior high, and high school. The training camp in Semarang is still only carried out before the multi-event by selecting outstanding athletes from each branch manager

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Witri Suwanto1, Rizki Hazazi Ali2, Rahmat Putra Perdana1, Putra Sastaman Bustamin1, Rubiyatno1, Dody Tri Iwandana6

dodytriwandana@mercubuana-yogya.ac.id


